

Appendix C.

Ranking of Survey Items by Relative Mean – All Respondents (N = 332)

Rank	Question	Category	Level of Stress					Mean	Median	Mode
			4	3	2	1	N/A			
1	12. Placing too high expectations on self	PC	45.8	34.0	14.8	5.1	0.3	3.21	3	4
2	13. Too much paperwork and/or non-teaching duties	PM	39.5	36.4	19.6	4.5	0.0	3.11	3	4
3	17. Having a feeling of not being able to spend enough time with family	PC	35.2	31.0	20.8	11.7	1.2	2.91	3	4
4	25. Administrating fundraising projects to earn money for band program	PM	23.8	34.9	25.3	14.2	1.8	2.70	3	3
5	15. Lack of planning and/or teaching time to meet individual student needs	EF	22.0	37.3	27.7	13.0	0.0	2.68	3	3
6	21. Problems retaining students from middle to high school	PM	21.7	30.4	31.0	15.1	1.8	2.60	3	2
7	14. Unmotivated and/or uncooperative students	CM	20.8	31.6	32.8	14.8	0.0	2.58	3	2
8	10. Lack of or inadequate equipment, facilities, and materials	EF	15.4	39.8	31.6	12.7	0.6	2.58	3	3
9	34. Parental apathy and lack of involvement in program	EF	22.6	28.9	30.7	17.5	0.3	2.57	3	2
10	16. Inadequate class schedule	EF	22.9	28.0	22.9	25.0	1.2	2.49	3	3
11	18. Too many school-related evening commitments and performances	PM	19.0	28.6	31.6	20.8	0.0	2.46	2	2
12	23. Designing a marching band show	PM	10.5	20.5	18.1	17.5	33.4	2.36	2	3
13	11. General philosophical disagreement with the school board and/or the administration regarding the role of the music department and its ensembles	EF	16.0	26.2	26.2	29.5	2.1	2.29	2	1
14	27. Music students' lack of respect for school equipment	CM	11.7	27.1	37.0	23.5	0.6	2.27	2	2
15	20. Lack of participation in decisions that affect band program	EF	13.6	26.2	28.3	28.9	3.0	2.25	2	1
16	24. Declining enrollments in ensembles/ performing groups	PM	15.7	22.3	28.0	31.0	3.0	2.23	2	1
17	33. Using time effectively/time management	PM	6.9	25.0	46.1	22.0	0.0	2.17	2	2
18	22. Too many interruptions in teaching day	EF	9.3	23.5	38.6	28.0	0.6	2.14	2	2

19	30. Lack of recognition by administration, other teachers, peers, parents, and students	EF	11.4	20.2	31.6	35.8	0.9	2.07	2	1
20	28. Health problems	PC	11.1	16.9	32.2	37.3	2.4	2.02	2	1
21	19. Not sure of options available in dealing with discipline	CM	9.3	16.9	30.7	41.9	1.2	1.94	2	1
22	29. Family problems	PC	7.8	16.6	29.8	43.1	2.7	1.89	2	1
23	26. Unclear goals from general administration, music administration, principals	EF	6.9	16.6	27.4	47.9	1.2	1.82	2	1
24	32. Too heavy of a class load	EF	10.5	11.4	26.8	50.0	1.2	1.82	1	1
25	31. Concerns about relationship with supervisor or principal	PC	9.6	13.0	25.6	51.2	0.6	1.81	1	1

Note. Category: CM = Classroom Management; EF = Environmental Factors; PC = Personal Concerns; PM = Program Management. Level of stress: 4 = High stress; 3 = Moderate stress; 2 = Low stress; 1 = Not at all; N/A = Does not apply.

Appendix D

Ranking of Survey Items by Relative Mean – Urban Band Directors (N = 74)

Rank	Question	Category	Level of Stress					Mean	Median	Mode
			4	3	2	1	N/A			
1	12. Placing too high expectations on self	PC	47.3	36.5	12.2	2.7	1.4	3.30	3	4
2	13. Too much paperwork and/or non-teaching duties	PM	44.6	33.8	20.3	1.4	0.0	3.22	3	4
3	15. Lack of planning and/or teaching time to meet individual student needs	EF	23.0	39.2	28.4	9.5	0.0	2.76	3	3
4	14. Unmotivated and/or uncooperative students	CM	27.0	36.5	20.3	16.2	0.0	2.74	3	3
5	21. Problems retaining students from middle to high school	PM	29.7	24.3	29.7	14.9	1.4	2.70	3	2*
6	17. Having a feeling of not being able to spend enough time with family	PC	28.4	32.4	18.9	20.3	0.0	2.69	3	3
7	34. Parental apathy and lack of involvement in program	EF	21.6	31.1	33.8	13.5	0.0	2.61	3	2
8	16. Inadequate class schedule	EF	29.7	24.3	21.6	24.3	0.0	2.59	3	4
9	25. Administrating fundraising projects to earn money for band program	PM	24.3	27.0	25.7	20.3	2.7	2.57	3	3
10	10. Lack of or inadequate equipment, facilities, and materials	EF	17.6	33.8	32.4	14.9	1.4	2.55	3	3
11	11. General philosophical disagreement with the school board and/or the administration regarding the role of the music department and its ensembles	EF	17.6	37.8	21.6	20.3	2.7	2.54	3	3
12	27. Music students' lack of respect for school equipment	CM	14.9	29.7	37.8	17.6	0.0	2.42	2	2
13	23. Designing a marching band show	PM	10.8	17.6	14.9	14.9	41.9	2.42	2	3
14	20. Lack of participation in decisions that affect band program	EF	13.5	33.8	27.0	23.0	2.7	2.39	2	3
15	18. Too many school-related evening commitments and performances	PM	12.2	28.4	33.8	25.7	0.0	2.27	2	2
16	24. Declining enrollments in ensembles/ performing groups	PM	16.2	28.4	16.2	36.5	2.7	2.25	2	1
17	33. Using time effectively/time management	PM	8.1	24.3	40.5	27.0	0.0	2.14	2	2

18	19. Not sure of options available in dealing with discipline	CM	16.2	17.6	27.0	39.2	0.0	2.11	2	1
19	22. Too many interruptions in teaching day	EF	6.8	27.0	33.8	31.1	1.4	2.10	2	2
20	28. Health problems	PC	9.5	18.9	32.4	39.2	0.0	1.99	2	1
21	30. Lack of recognition by administration, other teachers, peers, parents, and students	EF	10.8	18.9	27.0	41.9	1.4	1.99	2	1
22	32. Too heavy of a class load	EF	10.8	14.9	25.7	48.6	0.0	1.88	2	1
23	26. Unclear goals from general administration, music administration, principals	EF	8.1	14.9	29.7	45.9	1.4	1.85	2	1
24	29. Family problems	PC	6.8	20.3	23.0	50.0	0.0	1.84	2	1
25	31. Concerns about relationship with supervisor or principal	PC	5.4	10.8	33.8	48.6	1.4	1.73	2	1

* Multiple modes identified; lowest mode listed.

Note. Category: CM = Classroom Management; EF = Environmental Factors; PC = Personal Concerns; PM = Program Management. Level of stress: 4 = High stress; 3 = Moderate stress; 2 = Low stress; 1 = Not at all; N/A = Does not apply.

Appendix E

Ranking of Survey Items by Relative Mean – Suburban Band Directors (N = 150)

Rank	Question	Category	Level of Stress					Mean	Median	Mode
			4	3	2	1	N/A			
1	13. Too much paperwork and/or non-teaching duties	PM	42.7	34.7	18.0	4.7	0.0	3.15	3	4
2	12. Placing too high expectations on self	PC	44.0	32.7	17.3	6.0	0.0	3.15	3	4
3	17. Having a feeling of not being able to spend enough time with family	PC	34.0	29.3	25.3	10.0	1.3	2.89	3	4
4	24. Declining enrollments in ensembles/ performing groups	PM	15.3	16.0	31.3	34.0	3.3	2.68	3	3
5	34. Parental apathy and lack of involvement in program	EF	22.0	26.0	30.0	22.0	0.0	2.67	3	3
6	21. Problems retaining students from middle to high school	PM	21.3	30.0	29.3	16.7	2.7	2.58	3	3
7	15. Lack of planning and/or teaching time to meet individual student needs	EF	21.3	38.0	26.7	14.0	0.0	2.57	3	3
8	32. Too heavy of a class load	EF	12.7	11.3	22.7	50.7	2.7	2.48	2	2
9	14. Unmotivated and/or uncooperative students	CM	16.7	30.0	36.0	17.3	0.0	2.46	2	2
10	25. Administrating fundraising projects to earn money for band program	PM	25.3	31.3	25.3	15.3	2.7	2.41	2	2
11	18. Too many school-related evening commitments and performances	PM	18.0	27.3	32.0	22.7	0.0	2.39	3	3
12	22. Too many interruptions in teaching day	EF	11.3	19.3	40.7	28.0	0.7	2.38	2	1
13	10. Lack of or inadequate equipment, facilities, and materials	EF	15.3	40.7	29.3	14.7	0.0	2.30	2	1
14	16. Inadequate class schedule	EF	19.3	25.3	26.0	26.7	2.7	2.18	2	2
15	19. Not sure of options available in dealing with discipline	CM	8.0	15.3	29.3	44.7	2.7	2.14	2	2
16	11. General philosophical disagreement with the school board and/or the administration regarding the role of the music department and its ensembles	EF	18.0	23.3	28.0	29.3	1.3	2.14	2	2
17	33. Using time effectively/time management	PM	5.3	24.0	47.3	23.3	0.0	2.13	2	1

18	23. Designing a marching band show	PM	10.0	22.7	12.0	18.0	37.3	2.11	2	2
19	30. Lack of recognition by administration, other teachers, peers, parents, and students	EF	10.7	17.3	35.3	36.0	0.7	2.03	2	1
20	28. Health problems	PC	12.0	14.0	32.7	37.3	4.0	2.01	2	1
21	29. Family problems	PC	8.0	15.3	28.7	44.0	4.0	1.87	2	1
22	27. Music students' lack of respect for school equipment	CM	10.0	22.0	38.7	28.0	1.3	1.86	2	1
23	26. Unclear goals from general administration, music administration, principals	EF	5.3	17.3	26.7	49.3	1.3	1.86	1	1
24	31. Concerns about relationship with supervisor or principal	PC	11.3	11.3	22.0	54.7	0.7	1.79	1	1
25	20. Lack of participation in decisions that affect band program	EF	12.7	21.3	32.0	29.3	4.7	1.78	2	1

Note. Category: CM = Classroom Management; EF = Environmental Factors; PC = Personal Concerns; PM = Program Management. Level of stress: 4 = High stress; 3 = Moderate stress; 2 = Low stress; 1 = Not at all; N/A = Does not apply.

Appendix F

Ranking of Survey Items by Relative Mean – Rural Band Directors (N = 108)

Rank	Question	Category	Level of Stress					Mean	Median	Mode
			4	3	2	1	N/A			
1	17. Having a feeling of not being able to spend enough time with family	PC	42.9	28.6	21.4	7.1	0.0	3.23	3	4
2	12. Placing too high expectations on self	PC	42.9	28.6	14.3	14.3	0.0	3.09	3	4
3	13. Too much paperwork and/or non-teaching duties	PM	28.6	35.7	28.6	7.1	0.0	2.97	3	3
4	23. Designing a marching band show	PM	7.1	28.6	35.7	21.4	7.1	2.80	3	3
5	26. Unclear goals from general administration, music administration, principals	EF	7.1	7.1	21.4	57.1	7.1	2.66	3	3
6	15. Lack of planning and/or teaching time to meet individual student needs	EF	21.4	35.7	21.4	21.4	0.0	2.66	3	3
7	18. Too many school-related evening commitments and performances	PM	28.6	14.3	50.0	7.1	0.0	2.66	3	3
8	14. Unmotivated and/or uncooperative students	CM	14.3	35.7	35.7	14.3	0.0	2.65	3	2
9	10. Lack of or inadequate equipment, facilities, and materials	EF	21.4	35.7	42.9	0.0	0.0	2.63	3	3
10	16. Inadequate class schedule	EF	21.4	14.3	35.7	21.4	7.1	2.57	3	3
11	25. Administrating fundraising projects to earn money for band program	PM	42.9	28.6	21.4	7.1	0.0	2.56	3	3
12	21. Problems retaining students from middle to high school	PM	7.1	28.6	35.7	28.6	0.0	2.36	2	2
13	19. Not sure of options available in dealing with discipline	CM	0.0	14.3	21.4	64.3	0.0	2.35	2	2
14	33. Using time effectively/time management	PM		28.6	50.0	21.4	0.0	2.30	2	2
15	24. Declining enrollments in ensembles/ performing groups	PM	7.1	57.1		35.7	0.0	2.27	2	2
16	22. Too many interruptions in teaching day	EF	28.6	7.1	28.6	35.7	0.0	2.25	2	1
17	20. Lack of participation in decisions that affect band program	EF	7.1	14.3	28.6	42.9	7.1	2.20	2	1

18	30. Lack of recognition by administration, other teachers, peers, parents, and students	EF	21.4	7.1	35.7	35.7	0.0	2.18	2	2
19	34. Parental apathy and lack of involvement in program	EF	21.4	42.9	21.4	14.3	0.0	2.10	2	1
20	28. Health problems	PC	14.3	14.3	50.0	21.4	0.0	2.06	2	1
21	29. Family problems	PC	14.3	21.4	28.6	35.7	0.0	1.95	2	1
22	27. Music students' lack of respect for school equipment	CM	21.4	28.6	21.4	28.6	0.0	1.92	2	1
23	31. Concerns about relationship with supervisor or principal	PC	7.1	0.0	21.4	71.4	0.0	1.89	2	1
24	11. General philosophical disagreement with the school board and/or the administration regarding the role of the music department and its ensembles	EF	14.3	28.6	14.3	42.9	0.0	1.86	2	1
25	32. Too heavy of a class load	EF	7.1	7.1	28.6	57.1	0.0	1.74	2	1

Note. Category: CM = Classroom Management; EF = Environmental Factors; PC = Personal Concerns; PM = Program Management. Level of stress: 4 = High stress; 3 = Moderate stress; 2 = Low stress; 1 = Not at all; N/A = Does not apply.

Appendix G

Ranking of Survey Items by Relative Mean – Middle School Band Directors (N = 116)

Rank	Question	Category	Level of Stress					Mean	Median	Mode
			4	3	2	1	N/A			
1	12. Placing too high expectations on self	PC	37.1	42.2	16.4	4.3	0.0	3.12	3	3
2	13. Too much paperwork and/or non-teaching duties	PM	37.1	38.8	18.1	6.0	0.0	3.07	3	3
3	34. Parental apathy and lack of involvement in program	EF	m9.5	27.6	40.5	21.6	0.9	2.88	3	3
4	27. Music students' lack of respect for school equipment	CM	18.1	26.7	34.5	19.8	0.9	2.70	3	3
5	17. Having a feeling of not being able to spend enough time with family	PC	25.0	31.0	25.0	18.1	0.9	2.63	3	3
6	24. Declining enrollments in ensembles/ performing groups	PM	8.6	18.1	26.7	40.5	6.0	2.63	3	2
7	14. Unmotivated and/or uncooperative students	CM	7.8	9.5	25.0	57.8	0.0	2.43	2	2
8	22. Too many interruptions in teaching day	EF	9.5	27.6	39.7	23.3	0.0	2.42	3	3
9	15. Lack of planning and/or teaching time to meet individual student needs	EF	27.6	40.5	24.1	7.8	0.0	2.38	2	3
10	33. Using time effectively/time management	PM	7.8	25.0	48.3	19.0	0.0	2.33	2	2
11	32. Too heavy of a class load	EF	14.7	9.5	26.7	49.1	0.0	2.25	2	2
12	20. Lack of participation in decisions that affect band program	EF	12.1	24.1	30.2	31.9	1.7	2.23	2	2
13	23. Designing a marching band show	PM	1.7	1.7	2.6	9.5	84.5	2.22	2	2
14	19. Not sure of options available in dealing with discipline	CM	15.5	21.6	29.3	32.8	0.9	2.20	2	1
15	16. Inadequate class schedule	EF	16.4	34.5	24.1	25.0	0.0	2.17	2	1
16	10. Lack of or inadequate equipment, facilities, and materials	EF	9.5	39.7	30.2	20.7	0.0	2.12	2	1
17	25. Administrating fundraising projects to earn money for band program	PM	20.7	29.3	36.2	10.3	3.4	1.98	2	2
18	18. Too many school-related evening commitments and performances	PM	6.0	20.7	38.8	34.5	0.0	1.94	2	1

19	26. Unclear goals from general administration, music administration, principals	EF	3.4	13.8	38.8	44.0	0.0	1.90	2	1
20	30. Lack of recognition by administration, other teachers, peers, parents, and students	EF	6.0	16.4	37.1	39.7	0.9	1.89	2	1
21	28. Health problems	PC	9.5	12.1	34.5	42.2	1.7	1.89	2	1
22	29. Family problems	PC	6.0	15.5	31.9	44.8	1.7	1.82	2	1
23	11. General philosophical disagreement with the school board and/or the administration regarding the role of the music department and its ensembles	EF	13.8	19.8	27.6	36.2	2.6	1.77	2	1
24	21. Problems retaining students from middle to high school	PM	11.2	25.9	42.2	16.4	4.3	1.72	1	1
25	31. Concerns about relationship with supervisor or principal	PC	7.8	9.5	25.0	57.8	0.0	1.67	1	1

Note. Category: CM = Classroom Management; EF = Environmental Factors; PC = Personal Concerns; PM = Program Management. Level of stress: 4 = High stress; 3 = Moderate stress; 2 = Low stress; 1 = Not at all; N/A = Does not apply.

Appendix H

Ranking of Survey Items by Relative Mean – High School Band Directors (N = 143)

Rank	Question	Category	Level of Stress					Mean	Median	Mode
			4	3	2	1	N/A			
1	12. Placing too high expectations on self	PC	49.0	30.1	14.7	6.3	0.0	3.22	3	4
2	13. Too much paperwork and/or non-teaching duties	PM	43.4	35.7	18.2	2.8	0.0	3.20	3	4
3	17. Having a feeling of not being able to spend enough time with family	PC	44.1	28.0	18.9	8.4	0.7	3.08	3	4
4	18. Too many school-related evening commitments and performances	PM	25.2	37.1	28.0	9.8	0.0	2.78	3	3
5	21. Problems retaining students from middle to high school	PM	30.8	29.4	24.5	14.7	0.7	2.77	3	4
6	25. Administrating fundraising projects to earn money for band program	PM	25.9	37.8	16.8	18.9	0.7	2.71	3	3
7	34. Parental apathy and lack of involvement in program	EF	28.0	30.1	25.9	16.1	0.0	2.70	3	3
8	10. Lack of or inadequate equipment, facilities, and materials	EF	16.8	41.3	33.6	7.7	0.7	2.68	3	3
9	15. Lack of planning and/or teaching time to meet individual student needs	EF	17.5	35.7	29.4	17.5	0.0	2.53	3	3
10	16. Inadequate class schedule	EF	25.9	24.5	21.0	26.6	2.1	2.51	3	1
11	23. Designing a marching band show	PM	16.1	35.0	25.9	19.6	3.5	2.49	3	3
12	14. Unmotivated and/or uncooperative students	CM	16.8	30.1	37.1	16.1	0.0	2.48	2	2
13	11. General philosophical disagreement with the school board and/or the administration regarding the role of the music department and its ensembles	EF	17.5	30.1	25.9	23.8	2.8	2.42	2	3
14	24. Declining enrollments in ensembles/ performing groups	PM	20.3	23.8	27.3	28.0	0.7	2.37	2	1
15	20. Lack of participation in decisions that affect band program	EF	14.0	27.3	28.7	26.6	3.5	2.30	2	2
16	30. Lack of recognition by administration, other teachers, peers, parents, and students	EF	12.6	22.4	27.3	37.1	0.7	2.11	2	1

17	27. Music students' lack of respect for school equipment	CM	4.2	29.4	37.8	28.0	0.7	2.10	2	2
18	33. Using time effectively/time management	PM	5.6	25.9	39.9	28.7	0.0	2.08	2	2
19	28. Health problems	PC	12.6	16.8	30.8	37.8	2.1	2.04	2	1
20	22. Too many interruptions in teaching day	EF	6.3	22.4	37.1	33.6	0.7	2.01	2	2
21	29. Family problems	PC	9.1	19.6	25.9	43.4	2.1	1.94	2	1
22	31. Concerns about relationship with supervisor or principal	PC	10.5	15.4	27.3	46.9	0.0	1.90	2	1
23	32. Too heavy of a class load	EF	9.8	13.3	24.5	50.3	2.1	1.82	1	1
24	26. Unclear goals from general administration, music administration, principals	EF	8.4	16.1	20.3	54.5	0.7	1.78	1	1
25	19. Not sure of options available in dealing with discipline	CM	5.6	11.2	30.1	51.0	2.1	1.71	1	1

Note. Category: CM = Classroom Management; EF = Environmental Factors; PC = Personal Concerns; PM = Program Management. Level of stress: 4 = High stress; 3 = Moderate stress; 2 = Low stress; 1 = Not at all; N/A = Does not apply.